



Clergy: Fr Victor Darlington (Parish Priest), Fr Paul Okora (Assistant Priest)

Rev'd Samuel Gyepi-Garbrah (Parish Deacon)

Parish Secretary: Clava Jameson (Parish Office open Mon - Fri 9:30am - 12:30pm)

Presbytery & Parish Office: 2 Knatchbull Road, London SE5 9QS

Telephone: (020) 7274 1908

E-mail: info@sacredheartchurchcamberwell.co.uk

Website: www.sacredheartcamberwell.co.uk.

Executive Head of St Joseph's Catholic Infants' & Junior Schools: Pitman Street, SE5 0TS

Mrs Anita Gallagher Tel: 020 7703 3455

St Joseph's Catholic Infants' School - Head of School - Ms Sheila Kirrane. Tel No: 020 7703 9264

St Joseph's Catholic Juniors' School - Head of School - Miss Delia Jameson. Tel: 020 7703 3455

Executive head of Sacred Heart & St Thomas the Apostle Catholic Secondary School:

Camberwell New Road SE5 0RP

Mr Serge Cefai Tel: 020 7274 6844

Sunday Masses.

6:00pm (Sat) 8:30am

10:00am 11:30am* 6:00pm

* with Children's Liturgy

3:00pm (KCH chapel)

Confessions

Saturday 10.30-11.00am, - 5.00 - 5.45pm

Eucharistic Adoration

Sunday 4:30 - 5:30pm

Friday 7:30 - 8:30pm.

First Friday of every month
after 9.00am mass - till dawn

Morning Prayer

Monday - Friday 8:45am

Saturday 9:45am

Rosary

after weekday Masses

Prayer Groups

Sacred Heart Association:

Friday 6.00pm

Our Lady & Divine Mercy:

Thursday 5:30 pm

Legion of Mary Seniors:

Thursday 7pm

Catholic Charismatic Renewal

Saturday 7pm

Legion of Mary Juniors

Sunday 1pm

Union of Catholic Mothers.

1st Sunday of every Month. 1.00pm

St. John Bosco Youth club & Junior servers

Tuesdays 5.30pm

Bible Study group

Mondays 7.30pm

MASS TIMES & INTENTIONS Sixth Sunday of Easter 10th - 17th May, '15 (B)

**Sunday 10th
(Sat) 6.00pm**

8.30am

10.00am

11.30am

6.00pm

4.30pm

Monday 11th

9.00am

12.45pm

Tuesday 12th

9.00am

12.45pm

Wednesday 13th

9.00am

12.45pm

Thursday 14th

9.00am

12.45pm

Friday 15th

9.00am

12.45pm

7.00pm

Saturday 16th

10.00am

Sunday 17th

(Sat) 6.00pm

8.30am

10.00am

11.30am

6.00pm

4.30pm

Sixth Sunday of Easter. (B).

Onochie & Akheituame deceased families.

(Dr. Ignatius Nnanna Onyenekwu. R.I.P)

Francis & Ellen Robinson. R.I.P.

Myrie Byrne. R.I.P

Sierre Leonie Community. **Thanksgiving:** Victory of General Buhari & succesful tenure of office as President of Nigeria, Christiana Dike.

People of the Parish.

Eucharistic Adoration

Easter Weekday.

Sebastiano & Vincenza Cuomo. R.I.P

Gordon Crouch. R.I.P

Within the Octave of Easter

Mary Nelson. R.I.P.

Albert Daughters. R.I.P

Our Lady of Fatima.

Soton Manuel

Francis Tertullien. R.I.P

St. Matthias. Apostle

Desmond Lewis. R.I.P

Edward & Louise Healy. R.I.P

Easter Weekday (Novena to the Holy Spirit starts today)

Mary Garvey. R.I.P

Elizabeth Keel. R.I.P

Philomena McGinty.

Easter Weekday.

Godfrey Orloff Luckie. R.I P.

The Ascension of the Lord. (B).

Agnes Omeike R.I.P.

Isatta Tarrowley. Thanks

Des Smith. R.I.P

Joseph William. R.I.P

People of the Parish.

Eucharistic Adoration

Mission statement

We, the Parish community of Sacred Heart, Camberwell celebrates the presence of Christ in our lives. Central and true to our name, we celebrate, we stand, and we dedicate our lives, witnessing to the unfailing love and friendship of God, through His beloved Son, in whose Heart of love we find daily strength for our journey.

We are a catholic community, diverse and multicultural. Everyone has a voice and everyone is welcome. We strive to make visible, God's love and care for the world in word, sacrament, and service to all. Nourished by the sacraments and in our diversity, we strive to create a supportive parish family that fosters communication. We use our talents as responsible stewards-accountable to God, to our neighbour, to our community and to the world at large.

Rev Fr Victor Darlington .



Notices For the Week.



Parish finance.

Collection: First collection for the Needs of the Parish amounted to £928.27 and Gift Aid amounted to £436.26 second collection for "Needs of the Parish" amounted to £201.38 This week-end second collection is for the "World Communications Day."
Thank you for your generosity.

World Communication day collection supports the work of the Catholic Communications Network the media office, also trains spokesmen and women of the Bishops Conference of England and Wales.

Reception of Holy Communion:

It has been observed that some people come very late for Mass and still receive Holy Communion. Kindly be aware that the Mass is divided into two principal Parts -
The Liturgy of the Word and the Liturgy of the Eucharist. If you miss out from the readings you are late at Mass and you are welcome to receive a blessing instead during **Holy Communion**

Month of May

Saturday 30th May at 7.00pm we shall have a candle light procession from our parish through Camberwell New Road and back to the Parish for Benediction. St. John the Divine (Church of England) members will be joining us in the procession, kindly confirm this date in your diary.

Finance committee meeting on Tuesday 12th of May at 7.00pm. All members please take note.

Funeral for Mrs. Mary Garvey will take place on Friday 15th May at 12.30pm in Virgo Fidelis Catholic Church Central Hill Norwood. SE19 1RT 12.30pm

First Holy Communion meeting for the parents of children at St. Joseph's Catholic Infant school on Wednesday 13th May at 6.30pm in the Church.

Consultation with Fr. Victor this week is on Tuesday 12th May from 10.00am - 12.00 noon.

Parish forum meeting after the 11.30am Mass on Sunday 17th May, all Communities, organisations, Committees and parishioners are invited as very important issues need to be discussed relating to parish development. Please be encouraged to attend.

Missio APF Red box holders. "Look at the difference you have made through the scheme in the Sacred Heart Parish, Red box contributions £1,649.27 Direct Contributions £360.00 Grand total for 2014 £2009.27 Thank you for your generosity and support to this charity in 2014, help us make 2015 a better year.

Missio APF Red box team.

Advance notice:

Sunday 7th June is Corpus Christi. As usual we have our procession after the 11.30am Mass with our children from the parish making their First Holy Communion. The route for the procession will be along the Camberwell New Road, Wyndham Road, Camberwell Road and back to the Church for the final Benediction. Anyone unable to walk in the procession with us is encouraged to support us along the route.

Please leave the church quietly after Mass. Thank you. Fr. Victor



Food Bank

The Food bank is open on the last Saturday of every month and is open to all. A massive thank you to all those who continue to support us with various food items, please be aware that we can only accept non perishable foods. As storage is limited. A special thank you to Mark Harvey co-ordinator at City Harvest for their massive donations of food every month since opening. Items within their expiry date only should be donated. Thank you for your continued support. Food bank team.

Visit of Bishop Donatus Ogun. OSA

Bishop Donatus Ogun. O.S.A the Bishop of Uromi Diocese in Nigeria, a Diocese I belong, will be visiting the United Kingdom for the first time and will celebrate the 11.30am Mass for the Parish on Sunday 31st May. Kindly join me in affording Bishop Donatus a befitting welcome to Camberwell, There will be a grand reception for him in the parish hall after the 11.30am on that day.

Ghanaian Community will be having their meeting on Sunday 17th May after the 11.30am Mass

Reflection: Learn to Breathe again.....

Learn to breathe again by simply following these 7 easy steps.....

Learning to breathe properly is easy and will reward you with immediate results.

1. Stand or sit comfortably with a straight spine.
2. Relax your shoulders and place your hands on your lap or at your side.
3. Exhale completely, drawing the diaphragm in and up.
4. Slowly inhale through your nose by contracting your diaphragm out and down. Your belly should rise, followed by your mid-chest and finally your upper-chest as air fills your lungs.
5. Pause.
6. Slowly exhale through your nose while drawing your diaphragm in and out.
7. Repeat this process three times, taking consecutively fuller breaths with each inhale.

Congratulations, you've just taken three deep breaths! Many people have not taken the time to breathe this deeply since childhood.

How do you feel?

By breathing properly you've just lowered your heart rate, relieved stress and delivered much needed oxygen to every organ in your body to name just a few of the benefits. And all in less than a minute!

"If I had to limit my advice on healthier living to just one tip, it would be simply to learn how to breathe correctly."

Dr. Andrew Weil, MD.

Holy Year on the Theme of Mercy. 2015 - 16

Pope Francis has recently declared an Extraordinary Jubilee Year for the Church, calling it a "Holy Year of Mercy" The year will begin on 8th December 2015, the 50th Anniversary of the end of the Second Vatican council, and conclude on the 20th November 2016, the feast of Christ the King. Pope Francis told the faithful in St. Peter's Basilica: "Dear brothers and sisters, I have thought about how the Church can make clear its mission of being a witness of mercy. It is a journey that starts with a spiritual conversion. For this reason I have decided to declare an Extraordinary Jubilee that has the mercy of God at its centre. It will be a Holy Year of Mercy. I am convinced that the whole Church will be able to find in the jubilee the joy of rediscovering and making fruitful the mercy of God, with which we are all called to give consolation to every man and every woman of our time.

Parish Pilgrimage:

All those who have paid their non refundable deposit are now advised to pay the second part towards their journey to the Holy Land between now and July.

There are **four vacancies** left for anyone still interested in taking part on this pilgrimage.

First Confession on Saturday 16th May, at 10.30am for the children from the Parish, please keep them in your prayers.

Please pray :

- for the Holy Father's Universal Intention for this month, that those involved in scientific research may serve the well being of the whole human person.

- for evangelisation: that the unique contribution of women to the life of the Church may be recognised always.

- For the faithful departed and all those whose anniversaries occur at this time.

For the housebound and our sick brothers and sisters:

Sue McCarthy, Clayton McCarthy, Eileen Hartnett, Agnes Hughes, Birdie Heffernan, Angela Smith, Rita Greenaway, Nicholas Tertullian, Ashley Isochukwu Igwebike, Janet George, Eileen Nimmo, Joan Bastin, Johanna Sims, Ursula Lubrano, Andra Martin, Troy Benjamin, Lucy Toussaint, Rocky Fernandes, Kathleen Lennon, Basil Pereira, James & Marie Cody, Minnian Davies, Jim McKenty, Josephine Enwezoh, Kathleen Gray, Timothy & Maureen Ryan. Robert & Eileen O'Dempsey, Arielle Miambanzila, Paulin Ngang, Cian Dinsmore, Ewen Aitchison, James Mc.Donald, Fr. Chris Dooley, Mary Regan, Elsie Devereaux, Ulina Pierre, Eileen Moore, Rasheeda, Doreen Barnett, Adrian Shand, Grace Izebu, Marie Perla. Barbara Kendall, Majella Smith, Victorine Goin. Shaun Smith. Agnes Omeike. Adelaide Peters, Velda, Marie August,