



SACRED HEART of JESUS CAMBERWELL
PARISH NEWSLETTER
Archdiocese of Southwark



Clergy: Fr Victor Darlington (Parish Priest),
 Fr. Damian Esene (Assistant Priest) Rev'd Samuel Gyepi-Garbrah (Parish Deacon)

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	Sixth Sunday After Easter.	21st - 28th May, 2017 Year A.
<p>SUNDAY MASSES 6:00pm (Sat) 8:30am 10:00am 11:30am* 6:00pm * with Children's Liturgy</p> <p style="text-align: center;">3:00pm (KCH chapel)</p> <p style="text-align: center;">Confession: Sat: 10.30am - 10.45am 5.00pm - 5.45pm</p> <p>Eucharistic Adoration: Sunday 4:30 - 5:30pm Friday 7:30 - 8:30pm</p> <p style="text-align: center;">Morning Prayer Monday - Friday 8:45am Saturday 9:45am</p> <p style="text-align: center;">Rosary After weekday Masses</p> <p style="text-align: center;">Prayer Groups</p> <p>Sacred Heart Association: Friday: 6.00pm First Friday 7:30pm</p> <p>Our Lady & Divine Mercy: Thursday 5:30 pm</p> <p>Legion of Mary Seniors: Thursday 7pm</p> <p style="text-align: center;">Catholic Charismatic Renewal Saturday 7pm</p> <p>Legion of Mary Juniors Sunday 1pm</p>	<p>Sunday 21st 6.00pm (Sat) 8.30am 10.00am 11.30am 4.30pm 6.00pm</p> <p>Monday 22nd 9.00am 12.45pm</p> <p>Tuesday 23rd 9.00am 12.45pm</p> <p>Wednesday 24th 9.00am 12.45pm</p> <p>Thursday 25th 9.00am 12.45pm</p> <p>Friday 26th 9.0am 11.30am 7.00pm</p> <p>Saturday 27th 10.00.am</p> <p>Sunday 28th 6.00pm (Sat) 8.30am 10.00am 11.30am 4.30pm 6.00pm</p>	<p>Sixth Sunday of Easter. Dennis McMahon. R.I.P Bertha Mary Dallimore. R.I.P Canon William Murname R.I.P Taiwo Afolabi. & Twin 50th b'day, Eucharistic Adoration People of the Parish.</p> <p>Feria Patrick Johnson. R.I.P not yet booked</p> <p>Feria. John & Agnes Seruwagi. R.I.P David Mudiaga Esirorie.</p> <p>Feria.. Deceased Society Our Lady Help of Christians. Ann Olademeji. B'day</p> <p>Feria. not yet booked. Jack Dooley. R.I.P</p> <p>Feria. Victoria Asher Barsana. B'day Funeral - Heather Burke. R.I.P. not yet booked.</p> <p>Feria. (Our Lady on Saturday) not yet booked.</p> <p>The Ascension of Our Lord. People of the Parish. Bertha Mary Dallimore. R.I.P Canon William Murname R.I.P Taiwo Afolabi. & Twin 50th b'day, Eucharistic Adoration People of the Parish.</p>

Mission statement

We, the Parish community of Sacred Heart, Camberwell celebrates the presence of Christ in our lives. Central and true to our name, we celebrate, we stand, and we dedicate our lives, witnessing to the unfailing love and friendship of God, through His beloved Son, in whose Heart of love we find daily strength for our journey.

We are a catholic community, diverse and multicultural. Everyone has a voice and everyone is welcome. We strive to make visible, God's love and care for the world in word, sacrament, and service to all. Nourished by the sacraments and in our diversity, we strive to create a supportive parish family that fosters communication. We use our talents as responsible stewards-accountable to God, to our neighbour, to our community and to the world at large.

Rev Fr Victor Darlington .

NOTICES FOR THE WEEK

<p>Parish Finance-Collection: First collection amounted to £1151.62 Gift Aid amounted to £327.12 not including standing orders.</p> <p>Second collection for Parish needs amounted to £271.52 This week's second collection is for Parish needs</p> <p>Church Repairs Appeal: The total so far is £15404.10 Thank you for your generosity.</p>	<p><i>Congratulations : To all those confirmed last Friday. May they all grow stronger in faith and commitment to Christ and His Church.</i></p> <p><i>Gift Aid: Envelopes still at the porches, please pick up yours if you have not done so already. Interested new members who wish to register please speak to the priest or call the parish office.</i></p> <p>Gratitude: The Parish is very grateful to the Nigerian community for donating £750. towards the ongoing church repairs.</p>	<p>Funeral Mass: The funeral mass for Mrs. Heather Burke will take place on Friday 26th May at 11.30am followed by cremation at West Norwood Crematorium.</p> <p>Please note because of the funeral Mass there will be no 12.45pm Mass.</p> <p>Parish Pilgrimage: Pilgrims are advised to endeavour to complete their full payment for the pilgrimage between now and the Summer months. This will ease last minute rush to pay</p> <p>June Advance notices: <i>Two important dates for your diary - Sunday 18th June Corpus Christi Friday 23rd June at 7.00pm Mass our Parish feast day</i></p>
<p style="text-align: center;">Divine Love day retreat</p> <p><i>Saturday 20th May from 10.00am -4.00pm at the Sacred Heart Church.</i> 12th May all night vigil from 10.00am - 5.00am 26th May 9 day Novena to the holy Spirit immediately after the weekday masses. 4th June Pentecost feast day 1.30pm Sacred Heart church.</p> <p>Whitsun Bank Holiday : Monday 29th please note there is only one Mass at 10.00am.</p>	<p style="text-align: center;">Parish Food bank:</p> <p>The Food bank is open on the last Saturday of every month and is open to all. A massive thank you to all those who continue to support us with various food items, please be aware that we can only accept non perishable foods as storage is limited. A special thank you to Mark Harvey co-ordinator at City Harvest for their massive donations of food every month since opening. Items within their expiry date only should be donated. Thank you for your continued support. Food bank team.</p>	<p style="text-align: center;">Congratulations:</p> <p>We congratulate Sammy Kamara, who played the role of Damilola in the film "Our loved boy" and they won the BAFTA award last weekend.</p> <p>Consultation with Fr. Victor this week is on Tuesday 23rd May from 10.00am - 12.00noon</p> <p><i>Mass spaces: please see the newsletter for this weekvacant mass spaces and speak to any of the priest.</i></p>
<p style="text-align: center;">Reflection: Learn to breathe again</p> <p>Learn to breathe again by simply following these seven easy steps..... Learning to breathe properly is easy and will reward you with immediate results. 1. Stand or sit comfortably with a straight spine. 2. Relax your shoulders and place your hands on your lap or at your side. 3. Exhale completely, drawing the diaphragm in and up. 4. Slowly inhale through your nose by contracting your diaphragm out and down. Your belly should rise, followed by your mid-chest and finally your upper-chest as air fills your lungs. 5. Pause. 6. Slowly exhale through your nose while drawing your diaphragm in and out. 7. Repeat this process three times, taking consecutively fuller breaths with each in-hale. Congratulations, you've just taken three deep breaths! Many people have not taken the time to breathe this deeply since childhood. How do you feel? <i>By breathing properly you've just lowered your heart rate, relieved stress and delivered much needed oxygen to every organ in your body to name just a few of the benefits. And all in less than a minute!</i> "If I had to limit my advice on healthier living to just one tip, it would be simply to learn how to breathe correctly." <i>Dr. Andrew Weil, MD.</i></p>	<p style="text-align: center;">Prayer for our Parish</p> <p>Almighty God our Father, in your wisdom and providence you created us in love and you call us to love in this faith community, Sacred Heart Catholic Church, Camberwell. We thank you for your manifold favours and blessings, which have accompanied and strengthened us in our efforts to meet the challenges of our Parish. As we continue with the onerous tasks of pursuing the necessary Spiritual, Pastoral and Infrastructural developments of our church, we beg you to sanctify our intentions and bless the feeble works of our hands. Make your Church a place where your glory will shine forth and a house of prayer pleasing to you. Bless and richly reward our Priests, Parishioners, Friends, benefactors and all those who continue to make a generous offering of their Time, Talents and Treasures towards the realization of our objectives. We ask this through Christ our lord. Amen. Sacred Heart of Jesus, we place all our Trust in You.</p> <p>First Confession on Saturday 3rd June, at 10.30am for the children from the Parish, please keep them in your prayers.</p>	<p style="text-align: center;">Please pray for:</p> <p>The Holy Father's Universal Intention for this month : Christians in Africa - that by imitating the merciful Jesus, Christians in Africa</p> <p>For the faithful departed: Heather Burke. <i>R.I.P and all those whose anniversaries occur at this time. May their souls and the souls of all the faithful departed rest in peace.</i></p> <p>For the housebound and our sick brothers and sisters: Ruby Cookman, Debritu Hadgu. Donaldson Opoku, Lucy Monrose, Sue McCarthy, Peter Kellegher, Eileen Hartnett, Jessie Vincent, , Adelaide Peters, Margaret Lynch, Birdie Heffernan, Angela Smith, Heather Burke. Joan Bastin, Patricia Magranaghan, Bridie Murphy, Eileen Nimmo, Timothy Angol, Rita Greenaway, Agnes Omeike, Andra Martin, Ashley Isochukwu Igwebike, Anthony Okoh, Johanna Sims, Ursula Lubrano, Troy Benjamin, Lucy Toussaint, Basil Pereira, Kathleen Lennon, Minnian Davies, Marie August, John Barron, Aldrick Leonce, Rueben Jameson, Alba Juliana Ramirez. Anna Gypei -Garbrah, Kenny Lawal, Kathleen Gray, Timothy Ryan. Robert & Eileen O'Dempsey, Indria Singh, Ulina Pierre, Arielle Miambanzila, Paulin Ngang, Cían Dinsmore, Sheelah & Nesar Ali, Ewen Aitchison, Rasheeda, Kelly Knightly, Joan Gould, Beatrice & Gabriel Owumi, Zandra Evans,, Eileen Moore, Steven Burbage, Agnes Smith, James Mc Donald, Fr. Chris Dooley, Velda, Mary Regan, Elsie Devereaux, Marie Perla, Maura Davron, Doreen Barnett, Barbara Kendall, Shaun Smith, Esther Eugene. Jean Gibbs,</p>